

Japanese Food List

Soups & Drinks (10)

pork miso soup (豚汁)
yoghurt drink (飲むヨーグルト)
roasted green tea (ほうじ茶)
cream of corn soup (コーンポタージュ)
soy milk (豆乳)
New Year rice cake soup (お雑煮)
barley tea (麦茶)
powdered green tea (抹茶)
miso soup (味噌汁)
green tea (緑茶)

Eggs & Noodles (10)

chow mein (焼きそば)
thick wheat noodles (うどん)
boiled egg (ゆで卵)
thin wheat noodles (そうめん)
fried egg (目玉焼き)
glass noodles (春雨)
rolled omelet (卵焼き)
Chinese noodles (ラーメン)
buckwheat noodles (そば)
scrambled eggs (スクランブルエッグ)

Seafood (20)

mackerel (さば)
sweetfish (あゆ)
horse mackerel (あじ)
sea bream (タイ)
octopus (たこ)
pacific saury (さんま)
yellowtail (ぶり)
baby sardines (しらす)
cod (タラ)
sardine (いわし)
sea urchin (うに)
clams (ハマグリ)
eel (うなぎ)
salmon (シャケ)
squid (イカ)
scallops (ホタテ)
shrimp (えび)
oysters (かき)
crab (かに)
flatfish (カレイ)

Rice (10)

chestnut rice (栗ご飯)
rice cracker (せんべい)
steamed rice (ご飯)
seaweed rice (わかめご飯)
rice cake (餅)
rice porridge (おかゆ)
rice ball (おにぎり)
red rice (赤飯)
egg fried rice (チャーハン)
rice seasoning (ふりかけ)

Sweets (10)

almond jelly (杏仁豆腐)
fish-shaped pancake stuffed with sweet beans (たい焼き)
caramel custard pudding (プリン)
soft-serve ice cream (ソフトクリーム)
baked custard tart (焼きプリンタルト)
ice lolly (アイスクャンデー)
soft rice cake stuffed with ice cream (雪見だいふく)
fruit jelly (フルーツゼリー)
deep fried bread (揚げパン)
soft rice cake stuffed with sweet beans (大福)

Condiments (20)

soy sauce (醤油)
sesame seeds (ごま)
citrus soy sauce (ポン酢)
mayonnaise (マヨネーズ)
dried seaweed (のり)
Japanese horseradish (わさび)
Japanese rice wine (日本酒)
salt and pepper (塩コショウ)
roasted soy bean flour (きなこ)
ginger (生姜)
garlic (にんにく)
pork cutlet sauce (とんかつソース)
dried bonito flakes (鰹節)
sweet rice wine (みりん)
salad dressing (サラダドレッシング)
soy bean paste (味噌)
vinegar (酢)
oil (油)
tomato ketchup (ケチャップ)
chilli oil (ラー油)

Main Dishes (40)

soy bean curd (豆腐)
sliced marinated beef on rice (牛丼)
food simmered in Japanese seasoning (煮物)
grilled eel (蒲焼)
fried squid (イカフライ)
Korean barbecue (焼肉)
braised pork belly (豚の角煮)
chicken and eggs on rice (親子丼)
twice-cooked pork (ホイコーロー)
chicken wings (手羽先)
minced meat cutlet (メンチカツ)
Salisbury steak (ハンバーグ)
stuffed tofu pockets (いなり寿司)
fried shrimp (エビフライ)
Ricchan salad (りっちゃんのだら)
spicy Chinese tofu (マーボー豆腐)
steamed pork bun (肉まん)
spring rolls (春巻)
savory pancake (お好み焼き)
fermented soy beans (納豆)

Vegetables (20)

French green beans (いんげん豆)
burdock root (ごぼう)
radish (大根)
sweet potato (さつまいも)
sugar snap peas (スナップエンドウ豆)
lotus root (レンコン)
bean sprouts (もやし)
taro root (里芋)
yam (長芋)
broad beans (そら豆)
ginger buds (ミョウガ)
kidney beans (赤いんげん豆)
perilla (しそ)
pickled vegetables (漬物)
Chinese cabbage (白菜)
chick peas (ひよこ豆)
pickled plum (梅干し)
bamboo shoots (たけのこ)
spinach (ほうれん草)
long green onions (長ネギ)

hot pot (鍋)
French fries (フライドポテト)
Chinese dumplings (餃子)
raw fish (刺身)
pork cutlet (とんかつ)
omelet stuffed with rice (オムライス)
fried chicken (鳥の唐揚げ)
rice with raw egg (卵かけご飯)
dim sum (シュウマイ)
salty-sweet minced chicken (鳥そぼろ)
grilled chicken skewers (焼き鳥)
seaweed salad (海藻サラダ)
corn dog (アメリカンドッグ)
octopus balls (たこ焼き)
sweet and sour pork (酢豚)
fried fish (魚フライ)
meat and potato stew (肉じゃが)
croquette (コロッケ)
curry and rice (カレーライス)
sauteed burdock roots (きんぴらごぼう)

Meat (10)

lamb (子羊肉)
venison (鹿肉)
soft-shell turtle (すっぽんの肉)
whale (クジラ肉)
mutton (羊肉)
liver (レバー)
beef (牛肉)
pork (豚肉)
chicken (鳥肉)
horse (馬肉)